

TASK	Fact	O Hunch	TASK	Fact	Hunch
The last time I			The last time I		
1			ι		
CHANNELS			CHANNELS		
TASK	Fact	O Hunch	TASK	Fact	Hunch
The last time I			The last time I		
1			I		
CHANNELS			CHANNELS		
TASK	Fact	Hunch	TASK	O Fact	O Hunch
The last time I			The last time I		
1			I		
CHANNELS			CHANNELS		

Pick a particular flow or experience to map. Think back to the last time you went through that flow or experience. Write each step you completed on a task card. For example, "The last time I bought groceries I made a shopping list."

EMOTION O Fact O Hunch	EMOTION • Fact • Hunch
l felt	I felt
because	because
-2 -1 0 1 2	-2 -1 0 1 2
EMOTION O Fact O Hunch	EMOTION O Fact O Hunch
l felt	I felt
because	because
-2 -1 0 1 2	-2 -1 0 1 2
EMOTION O Fact O Hunch	EMOTION O Fact O Hunch
l felt	I felt
because	because
-2 -1 0 1 2	-2 -1 0 1 2

Read through the tasks you brainstormed and placed in the doing row. For each task, think about how you felt when completing that task. If you had a particular emotion, write it down on a card. Next, circle a number on the pain vs delight scale.

OPPORTUNITY	OPPORTUNITY
If I had a magic wand, I would	If I had a magic wand, I would
to improve this experience	to improve this experience
OPPORTUNITY	OPPORTUNITY
If I had a magic wand, I would	If I had a magic wand, I would
to improve this experience	to improve this experience
OPPORTUNITY	OPPORTUNITY
If I had a magic wand, I would	If I had a magic wand, I would
to improve this experience	to improve this experience

Pick a pain point on the map. Brainstorm ways you could solve the pain point and write each idea down on a card. For example, "If I had a magic wand, I would build an app that tracks which groceries I buy and how long they last."

THOUGHT	O Fact	<ul><li>Hunch</li></ul>	THOUGHT	Fact Hunch
THOUGHT	O Fact	O Hunch	THOUGHT	O Fact O Hunch
THOUGHT	Fact	<ul><li>Hunch</li></ul>	THOUGHT	• Fact • Hunch

Read through the tasks you brainstormed and placed in the doing row. Write down what you were thinking while completing each task. For example, when I made a shopping list I thought "I wish I was at home so I could see if our avocados have gone bad."

EFFORT	vs IMPACT	EFFORT	vs IMPACT
XL XL	High	XL XL	:: High :::::::::::
L .	• • •	<b>☆</b> ∟	• •
₩ м	Med	₩ м	Med
<b>☆</b> \$			
YS	Low	Y XS	Low
EFFORT	vs IMPACT	EFFORT	vs IMPACT
XL XL	::: High ::::::::::::	XL XL	:: High :::::::::::
L .	• • •	<b>☆</b> ∟	•
₩ м	Med	₩ м	Med
↑		☆ s	
☆ xs	Low	r composition of the compositio	Low
EFFORT	vs IMPACT	EFFORT	vs IMPACT
XL XL	High	XL XL	:: High ::::::::::::
r L	• • •	i i	•
₩ м	Med	₩ м	Med
<b>☆</b> s	• • •		
∰ xs	Low	☆ xs	Low

For each opportunity on the map, think about two things. First, how much effort will it be to implement this idea? Mark a tally on the effort scale. Second, how much positive impact will this idea have on customers? Mark a tally next to the impact scale.